

## GRAB AND GO ALL DAY MENU

ACAI BOWL.....	\$12
FRESH CUT LOCAL FRUIT.....	\$6
YOGURT PARFAIT.....	\$6
PASTRY.....	\$5
BAGEL & LOX.....	\$9

**SMOOTHIES**..... Small(16oz)\$10, Large(24oz)\$14

### GREEN GOODNESS

Spinach, Mango, Banana, Avocado, Yogurt

### STRAWBERRY AND BANANA

Yogurt

### AB & J

Almond Butter, Banana, Marion Berry Jam, Yogurt

### ACAI DETOX

Spinach, Dates, Mango, Orange Juice, Banana

### MANGO AND COCONUT

Yogurt, Honey

**SMOOTHIE ENHANCEMENTS**.....\$2

**CBD** Mood Enhancement, Anti-Inflammatory, Anxiety Prevention

**PEA PROTIEN** Iron, Amino Acids, Muscle Growth

**MATCHA** High In Antioxidants, Brain Booster, Liver Health

Please inform your server of any dietary restrictions as dishes can be modified

\*Consuming raw or undercooked meat's, poultry, seafood, shelfish or eggs may increase your risk of foodborne illness.



## PROVISIONS MARKET

### BREAKFAST

<b>BRIOCHE EGG SANDWICH</b> Egg, Arugula, Tomato Jam, White Cheddar.....	\$9
<b>ACAI BOWL</b> Local Fruit and Berries, House Made Granola, Matcha Honey Drizzle.....	\$12
<b>GLENEDEN GRILLED CHEESE</b> Tasso Ham, Gruyere, Egg, Fresh Herbs.....	\$12
<b>BAKED WAFFLE</b> Assorted Berries, Maple Syrup.....	\$9
<b>HOUSE CREPES</b> Choice Of: Pear Fruit or Local Berries or Chocolate.....	\$9
<b>AVOCADO TOAST</b> Radish, Scallion, Sprouts, Everything Seasoning.....	\$12
<b>STEEL CUT OATS</b> Assorted Berries, Candied Walnuts, Honey.....	\$9
<b>BREAKFAST BURRITO</b> Potatoes, Peppers, Onion, Sausage, Egg, Cheddar, Salsa.....	\$12
<b>SALISHAN SCRAMBLE</b> Sweet Potato, Sausage, Gruyere, Brussel Sprouts.....	\$12
<b>DAILY QUICHE</b> Local Ingredients, Made Fresh Daily.....	\$6

### K & F COFFEE

DRIP \$4 ESPRESSO \$5 AMERICANO \$6 LATTE \$7 MOCHA \$7

