A long standing respect for our heritage and our rich environment is at the core of the Salishan philosophy and an essential theme for our spa. We proudly present our exquisitely designed spa services and products, all of which are based upon the simple notion of living in balance with nature.
**MASSAGES**

**Salishan Signature Stone**
Heated smooth stones glide with sweeping strokes, restoring and soothing your body for an enhanced sense of well-being. A perfect synergy of hand and stone work to ease tired muscles and promote relaxation.

**Coastal Classic**
Our relaxing take on a Swedish-style massage will use long, fluid strokes to improve circulation and ease muscle tension while elevating mood and calming the mind.

**Garden Therapy**
Aromatherapy helps bring balance to physical and emotional energies. Indulge in the benefits and discover the perfect blend of aromas and soothing touch.

**Deep Tissue**
Unwind and release tension through a firm therapeutic massage. Allow us to focus in on areas of chronic stress and target specific muscle groups.

**Prenatal**
Pamper the mother-to-be. Our prenatal massage will help alleviate the discomforts associated with pregnancy and built-up tension throughout the body.

*Available for second and third trimester only. For your safety, we do not recommend the use of heated amenities for expecting mothers, or any massage before the second trimester.*

**Fire & Water**
Begin by relaxing in our fireplace suite with a 30-minute soak in a private jetted tub filled with remineralizing sea crystals that melt away stress and tension. Then choose one of the following 60-minute treatments to finish your 90-minute service: massage, scrub or wrap.

**Couples**
Journey together through rest and relaxation in one of our private rooms. It’s a memorable experience to share with anyone special in your life. Both of you will have your own therapist for the duration of the massage.

**ENHANCEMENTS**

**30-Minute Scrub:** Awaken the senses with full body exfoliation before any massage.

**Two-Hour Massage:** Extend any massage into two full hours of bliss.

*The following enhancements do not add additional time.*

**Scalp Treatment:** Specialized oil is massaged into the scalp to revitalize and repair.

**Self-Heating Mud Pack:** Enhances your massage or facial with a detoxifying spot treatment that soothes sore muscles and joints.

**Seawater Massage Medium:** Adding this concentrate to your massage replenishes minerals and strengthens the skin.

*If you have a preference regarding the gender of your therapist, please inform the Spa at the time of booking. Otherwise it is not guaranteed that we can accommodate your preference at the time of your service.*

*A 20% gratuity will be added to all services.*
BODY TREATMENTS

Signature Sea Holistic  60/90 min
This unique exfoliating relaxation experience seduces the senses with Thai-inspired marine boluses filled with lavender and sea salt. These warm, fragrant linen bundles are pressed into tight muscles. To finish this full-body experience a signature blend that contains samphire oil, coined “retinal of the sea,” will be applied to the face and décolleté, and the body will be enveloped in an ultra-moisturizing body milk.

Salishan Body Treatment  90 min
The ultimate in skin-clarification and nourishment, this treatment includes a unique scrub, followed by your choice of body wrap, leaving your skin feeling renewed and refreshed.

*Choices of wraps include Remineralizing, Seatonic or Marine Detox.

Sculpt Zone  90 min
Targeted Cellulite and Inch-Loss Treatment
The solution to refining the figure and smoothing cellulite is here! The combination of a “fat-burning” Thermo-Reducing Clay wrap and an intensive targeted contouring massage with contouring and cellulite products offers the ultimate results!

*For the best visible results a three-part series is suggested.

Seafoam Mud Wrap  60 min
This intensely active self-heating marine mud will soothe tight muscles, joints and tendons and draw out toxins from deep within. This treatment leaves your body detoxified, remineralized and fully oxygenated.

*Products contain iodine.

BODY TREATMENTS

Remineralizing Wrap  60 min
If feelings of fatigue, stress and low energy are creating imbalance for your physical and emotional well-being, sea water is the perfect solution. An essential oil-infused seawater gel provides trace minerals to rebalance sluggish cells. This treatment combines the powers of marine therapy and aromatherapy to leave your skin feeling silky and the body calmly re-energized!

Seatonic Firming Wrap  60 min
During this treatment every detail is looked after while the body is wrapped in a firming body gel rich in anti-aging sea minerals. Firming and toning extracts are absorbed into the skin and will immediately hydrate, tighten and stimulate the skin.

*After repeated use, a long-term anti-aging effect will be noticed on skin lacking elasticity due to childbirth, sun damage or significant weight loss.

Marine Detox Wrap  60 min
A beautiful aromatic seaweed gel that’s known for its intensive detoxifying and contouring action envelopes your body with the best of sea and science. It will leave your skin soft on the outside while its active ingredients boost the natural process of lipolysis inside.

Body Scrub  60 min
A thorough body exfoliation is a wonderful way to rid the skin of dead, dry cells. Doing so helps the skin absorb nutrients more efficiently and creates a smooth, glowing appearance. After the skin is deeply cleansed and revitalized with marine crystals and algae oils, a final application of quenching moisturizers will leave your body radiant and tingling with renewed life.

*A 20% gratuity will be added to all services.
FACIALS

Signature Anti-Aging 90 min
Using our most active ingredients, this anti-aging treatment acts like a “personal trainer” by lifting and restructuring the skin. Peptides, collagen boosters and hyaluronic acid work to stimulate the natural regeneration process of your skin to reduce fine lines and wrinkles, increase firmness and leave your skin with a fresh and bright complexion. To optimize relaxation this facial also includes a soothing hand, arm, foot and leg treatment.

Lifting & Firming 90 min
Indulge in a facial where the skin is treated with a splendid range of targeted lifting and firming agents that sculpt and redefine the skin to perfection. Your skin will glow with less noticeable lines and improved definition. To optimize relaxation this facial also includes a soothing hand, arm, foot and leg treatment.

Custom 80 min
If you have a specific skin concern, this blissful customizable facial is perfect for you. Leave feeling revived and hydrated with a new sense of confidence in your skin.
Choose from:
- Clarifying, to treat clogged pores or acne-prone skin.
- Calming, if you suffer from redness or sensitivity.
- Healing, for repairing damage from sun or harsh elements.

FACIALS

The Essential Facial 60 min
This facial is an instant revitalization and moisturizer booster for the skin. This deep cleansing facial uses botanical extracts for cleansing, exfoliation, hydrating and awakening the skin to look and feel refreshed and renewed.

ENHANCEMENTS

*The following enhancements do not add additional time.

Lip & Eye Rescue
Visibly and instantly smooths, hydrates, firms and brightens the delicate eye and lip areas, relieving the appearance of fatigue.

Advanced Exfoliation
A customized exfoliation to smooth the skin, refine pores and eliminate dead skin cells.

Intensive Ampoule
This highly concentrated cell rejuvenation treatment delivers dramatic visible results.

Extend the life of your facial with specialized facial products found exclusively at the Salishan Spa. Receive 10% off ALL facial products purchased the day of your service!

*Shaving is NOT recommended before any of these treatments. All facials can be customized for beards or facial hair. Extractions are included if possible or requested.

*A 20% gratuity will be added to all services.
HAND & FOOT THERAPIES

Garden Glove Manicure 60 min
A healthy twist on a standard manicure, this signature treatment provides all essential nail care. You will feel refined and refreshed with a mineral-rich mask complete with warm mitts and a hydrating lotion to rejuvenate tired hands.

Coast Walk Pedicure 60 min
Put a pep in your step with our signature pedicure. Relax in one of our beautiful massage chairs and let the stress of everyday life melt away. This includes an invigorating foot and leg scrub, followed by a mask application with warm booties and soothing moisturizer.

Back Nine Treatment 45 min
A nurturing therapy for dry, rough and cracked feet, followed with a moisturizing application to the feet and legs. It’s designed to soothe and rehydrate tired soles that need a little extra attention.

*This treatment does not include toenail care or polish.

HAND & FOOT THERAPIES

Bare Basics 90 min
Simple and clean, you will walk out with hands and feet restored. This special service includes both a manicure and pedicure with nail maintenance, soak, moisturizer and your choice of polish.

ENHANCEMENTS

The following treatment upgrades may be added to any hand or foot therapy.

French Polish or Polish Change

*20% gratuity will be added to all services.
SALON SERVICES

Hair Cuts & Styling
- Designer Haircut (Includes wash & blowout)
- Barber Precision
- Wash and Style

Hair Color
- Flatiron Style
- Formal Style
- Bridal
- One-Process Color
- Two-Process Color
- Partial High/Low Lights
- Full High/Low Lights
- Trim with Color Treatment

MAKE-UP

Let us help you feel beautiful and polished for your special day! Schedule a consultation or a full run-through with our professionals before your event.

Application or Bridal

WAXING SERVICES

- Eyebrow Design
- Face (Does not include eyebrows)
- Lip
- Chin
- Bikini Line
- Brazilian
- Half Leg (upper or lower)
- Full Leg
- Underarm
- Forearm
- Full Arm
- Knuckles or Toes
- Back or Chest

Steam, sauna or hydrotherapy not recommended after waxing services. Not recommended for women that are pregnant, or guests using retin-a, accutane, or renova. Please refrain from caffeine three hours prior to your service. Cleansed skin prior to services will achieve best results.

SPA ETIQUETTE GUIDE

Appointments
To make appointments you can call our spa directly at 541.764.4300. A major credit card is required to hold your reservation. We suggest making appointments in advance. Access to the locker rooms and spa amenities is available to guests 16 and older. Younger guests are welcome to experience select services with a guardian's supervision.

Cancellation
Your spa treatments are reserved specially for you. We value your business and ask that you respect the Spa's scheduling policies. Should you need to cancel or reschedule, please notify us at least 12 hours in advance. To cancel or reschedule groups of five or more 48 hours notice is required. Appointments cancelled in less than the required time will be billed for 100% of the service.

Check-In
Please arrive 30 minutes prior to your scheduled reservation. Spa guests are welcome to experience our water lounge before and/or after their spa treatments. Early arrival allows time for a leisurely check-in, a change of clothes, and to relax into the experience that awaits you. As a courtesy to the next guest, please note that if you arrive late your treatment will end as previously scheduled.

*A 20% gratuity will be added to all services.*
DETAILS

Medical
Please inform us of any medical or special needs that require our attention. If you have high blood pressure or are pregnant, please avoid any heat treatments, steam or warm soaks. Spa treatments, skin care and waxing services have specific contraindications related to pregnancy and to prescription drugs that are outlined in the treatment descriptions.

Products & Refunds
Purchases are non-refundable. Unused products or accessories can be returned for spa credit or exchanged when accompanied by a receipt within 30 days.

Gratuity & Service Charges
For your convenience a 20% gratuity is added to all spa treatments and packages. Additional gratuities are welcome for exceptional service.

Gift Cards
The perfect gift for someone special, these are available for purchase at the Spa or Lodge front desk. All major credit cards are accepted. Please no personal checks.

A Quiet & Safe Place
Please keep in mind that the Spa is a tranquil place and help us maintain that peaceful environment when utilizing any of our facilities. For the relaxation, enjoyment and privacy of our guests, please speak quietly during your visit. Cell phones and electronic devices are to be turned off. For safety reasons and as a courtesy to our others guests, please towl off when exiting the pools and showers. Place used towels in the appropriate bins provided throughout the spa.

What to Wear
Robe, sandals and a locker will be provided upon your arrival. Swimsuits are optional in locker rooms but are required in the co-ed infinity hot tub. Please do not bring valuables to the Spa. Salishan will not assume any liability for lost or stolen property. Undergarments may be worn during treatment if you prefer. All of our therapists are skilled in proper draping procedures to ensure your comfort and privacy. Inappropriate action or language is cause for termination of treatment.

We reserve the right to refuse service to anyone.

Tour Philosophy
To protect the privacy of our guests, we must limit the times and number of people we tour through our facility.

HOURS & CONTACT INFORMATION

Regular Hours
(November - May)
Sunday - Thursday
Spa opens at 9:30 AM
Spa closes at 6:00 PM

Friday & Saturday
Spa opens at 8:30 AM
Spa closes at 7:00 PM

Summer Hours
(June - October)
Monday - Sunday
Spa opens at 8:30 AM
Spa closes at 7:00 PM

p: 541.764.4300   w: salishan.com/spa   e: spa@salishan.com

*Prices, services and hours are subject to change.